

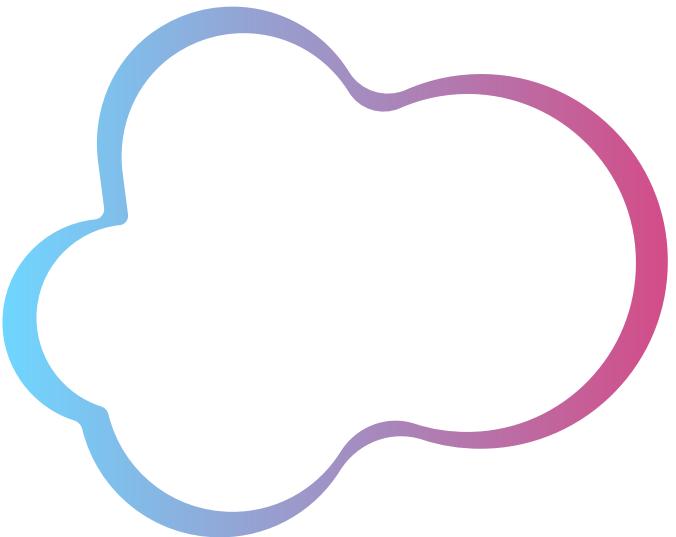
Swale Youth & Brogdale CIC Present

ENDING WELL

Eight worksheets to help a Year Six find ways
to end well and look forward to Year Seven



MEMORIES OF YEAR SIX

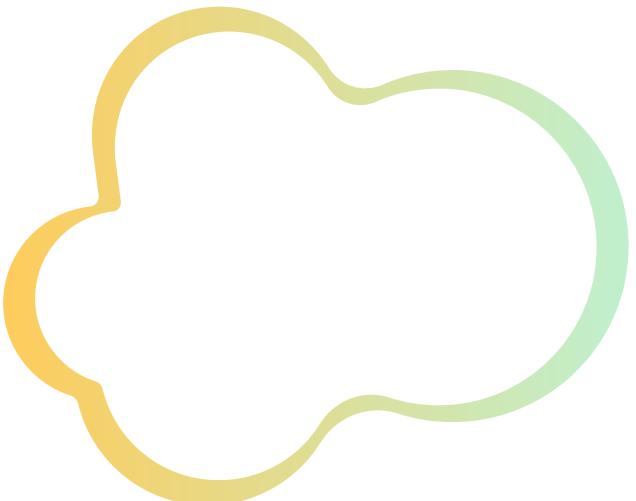


WHAT MADE YOU LAUGH?
WHAT MADE YOU FEEL GREAT?
WHAT SKILLS DID YOU GROW?

WHAT DID YOU ACHIEVE?

WHAT HAVE YOU LEARNT ABOUT YOURSELF?

ON THE NEXT SHEET ARE SOME IDEAS OF HOW YOU COULD STORE
YOUR YEAR SIX MEMORIES



PLEASE ASK YOUR PARENT, CARERS AND TEACHERS
BEFORE COMPLETING THESE TASKS!

1. MAKE A PHOTO BOARD

Ask your friends to send you pictures of themselves or print off some memorable photos. Combine them with some of your favourite memories, or words that remind you of your time at primary school and create your own photo board. You can find lots of creative ways to do this on Pinterest (ask a parent first!)

2. SAVE A T-SHIRT

One of the ways we made our Year 6 ending memorable, (back in 1992!) was signing each others school t-shirts in marker pens. One of my friends even put hers in a photo frame! During lockdown we can't do this, but maybe save a shirt for when we can.

3. MAKE A LIP SYNC VIDEO

Maybe your friendship group or class have a song which is special to you, why not make a lip sync video with it. Or you could make a message video and ask your friends to contribute to it. Please remember your online safety though and don't share it publicly.

4. WRITE A JOURNAL

Why not make an journal or buy a nice notepad and write in it all the positive memories of your primary school. If you want you could use some of these worksheets as prompts. Remember to look forward to all the opportunities waiting for you in secondary school too!

WHAT WILL YOU PACK IN YOUR BAG!

We are sure you will soon get a list of items you will need for your new school (you might already have one). That's not what we mean here.

Think about what you've learnt about yourself, others and school in the last six years. What could you take to secondary school - we've given you two examples.



WHAT I AM LOOKING FORWARD TO GROWING IN SECONDARY SCHOOL

Secondary school is full of opportunities to grow! I was so excited about having a proper drama studio with blackout curtains and a sound booth, to grow my theatrical skills! I was also very much looking forward to getting to use a Bunsen burner!!

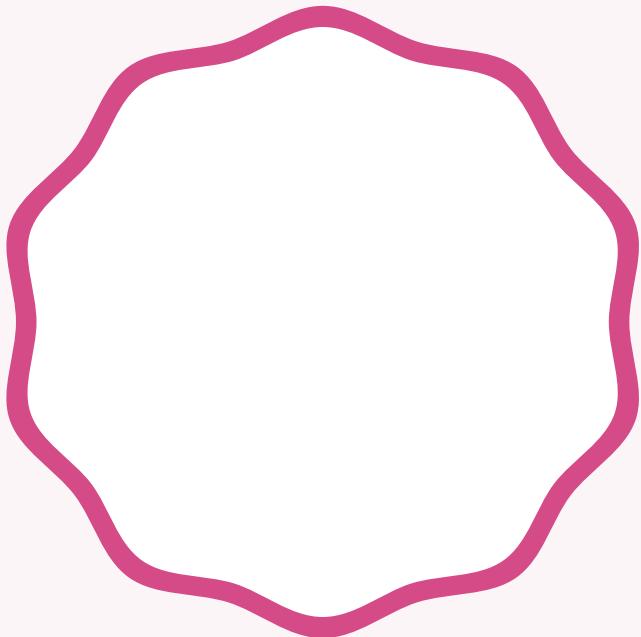
Mind map below some of the things you are looking forward to...



CHANGES

Make a list of some of the things that are going to change. Put a + next to the ones which are positive, a - next to the negative and a wiggly line ~ if you are not sure! Sometimes even if changes are positive they can worry us, and other times negative changes we know will challenge us and give us opportunities to grow.

WHAT ARE SOME OF MY WORRIES & QUESTIONS?



WORRIES



QUESTIONS



WHO CAN HELP ME?

When it feels challenging, we can talk to people and ask for help and advice. Who could you talk to?



HOW CAN I PREPARE

When we know what changes are coming we can make plans and preparations that help us cope.
e.g. learning my route to school during summer.

Our youth team are also happy to talk to you and answer any questions
you can contact louise@brogdalecic.co.uk or visit swaleyouth.org.uk

OUR TOP TIPS

1. SAY HELLO TO SOMEONE NEW

In the first week - why not give it ago! If you are a bit shy, try starting with a smile! If you are more confident, look out for those who are on their own and say hi to them.

2. COLOUR IN YOUR TIMETABLE

Give each lesson a colour and it will help you to remember your day plan. If your books are different colours you could match it to them for even more efficiency!

3. PACK YOUR BAG THE NIGHT BEFORE

Honestly the best tip I was ever given.
(Just don't put your lunch in your bag until morning!!)

4. MAKE GOOD CHOICES

When it comes to friendship and behaviour, think about who you want to be when you finish school. What choices will help you get to that place. If you find yourself in a bit of a pickle with your choices then...

5. ASK FOR HELP

There are always people who will be there to help, whether in school or outside of school. Remember you can always get in touch with us and request mentoring or support.

MY MANIFESTO

I HAVE GROWN SO MUCH IN PRIMARY SCHOOL
& I AM THANKFUL FOR THIS

I CHOOSE TO TAKE OPPORTUNITIES TO GROW
AT SECONDARY SCHOOL

I WILL PREPARE FOR CHANGES WHERE I CAN

I WILL OVERCOME CHALLENGES WITH SUPPORT
FROM &

I WILL MAKE GOOD CHOICES
AND I WILL ASK FOR HELP